Since dogs come in many sizes, it's very important to properly dilute essential oils before applying them topically. The chart below is a handy guideline to achieve this proper dilution.

<table>
<thead>
<tr>
<th>DOG WEIGHT</th>
<th>DILUTION RATIO</th>
<th>ESSENTIAL OIL</th>
<th>CARRIER OIL</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 to 25 pounds</td>
<td>75%</td>
<td>1 drop</td>
<td>4 drops</td>
</tr>
<tr>
<td>26 to 45 pounds</td>
<td>50 to 75%</td>
<td>1 to 2 drops</td>
<td>2 to 4 drops</td>
</tr>
<tr>
<td>46 to 75 pounds</td>
<td>50%</td>
<td>2 drops</td>
<td>2 drops</td>
</tr>
<tr>
<td>76 to 90 pounds</td>
<td>25 to 50%</td>
<td>2 to 4 drops</td>
<td>1 to 2 drops</td>
</tr>
<tr>
<td>91 to 150 pounds</td>
<td>25%</td>
<td>4 drops</td>
<td>1 drop</td>
</tr>
<tr>
<td>151+ pounds</td>
<td>0 to 25%</td>
<td>4 drops</td>
<td>0 to 1 drop</td>
</tr>
</tbody>
</table>

**CARRIER oils**
- extra virgin olive oil
- pure cold-pressed coconut oil
- other fatty oils like sweet almond or jojoba
- Young Living’s V-6 oil blend
- Young Living’s Animal Scents Ointment

**APPLICATION methods**
- Rub on your hands then apply it down your dog’s spine or onto desired area in a petting motion.
- Spritz the oil with a spray bottle.
- Apply directly to desired area with a roller ball.
- Massage into the vita-flex points on the paw pads.
dog VITAFLEX POINTS

1 eyes
2 sinuses
3 ears
4 lungs/trachea
5 liver/colon

6 brain/pituitary gland/thyroid
7 intestines
8 spine
9 bronchi/heart/thymus
10 kidneys/adrenal glands/stomach

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